



The
OLD LODGE
GASTRO PUB
Shannon

BREAKFAST MENU

Live, Laugh, Lodge

AA



for Culinary Excellence

From The Buffet

CONTINENTAL BREAKFAST - €9.95 PER PERSON

CEREAL SELECTION ■

Weetabix
Corn Flakes
Rice Krispies
Muesli
Coco Pops ■

GLUTEN FREE SELECTION

Cornflakes
Rice Cakes
Chocolate Rice Cakes ■
Gluten Free Bread And Toast

YOGHURT ■

Natural Yoghurt
Fruit Yoghurt

FRESH FRUIT

Fresh Fruit Salad

MEATS AND CHEESES

Limerick Ham
Salami
Smoked Salmon (Upon Request)
Dubliner Smoked Cheese ■
Smoked Cheddar ■

BREADS AND PASTRIES ■■

White And Brown Toast
Brown Treacle Bread
Mini Danish Pastries
Croissants

ALLERGEN INFORMATION

						
EGGS	MILK	SHELLFISH	FISH	MOLLUSCS	PEANUTS	SESAME
						
SOYA	SULPHUR DIOXIDE	NUTS	CEREALS (GLUTEN)	CELERY	MUSTARD	LUPIN

From The Kitchen

FULL IRISH BREAKFAST - €13.95 PER PERSON

FLAHAVAN'S PORRIDGE ■■

Served With Fruit Compote Or Honey

2 EGG OMELETTE ■■

Choice Of Fillings;
Ham / Onions / Cheese / Tomato/
Mushrooms

PANCAKES ■■■

Choice Of Toppings;
Nutella ■■ / Lemon Juice / Sugar/
Banana / Honey / Bacon / Golden Syrup

SCRAMBLED EGGS AND SMOKED SALMON ■■■■

EGGS BENEDICT ■■■■

Poached Eggs, Bacon, Hollandaise
Sauce Served On A Toasted Brioche Bun

EGGS FLORENTINE ■■■■

Poached Eggs, Spinach, Hollandaise
Sauce On A Toasted Brioche Bun

FULL IRISH BREAKFAST ■■■■

Bacon, Pork Sausages, Black Pudding,
White Pudding, Grilled Tomato, Flat Cap
Mushroom, Beans,
Choice Of Eggs:
Scrambled, Fried, Poached.

Drinks

FRESHLY BREWED BREAKFAST TEA OR SELECTION OF HERBAL TEAS

FROM THE MACHINE (SELF SERVICE)

Americano Coffee / Latte / Cappuccino /
Espresso / Flat White

SMOOTHIE OF THE DAY ■

Ask Your Server For Details

JUICES AND WATER

Orange / Cranberry / Apple / Iced Water